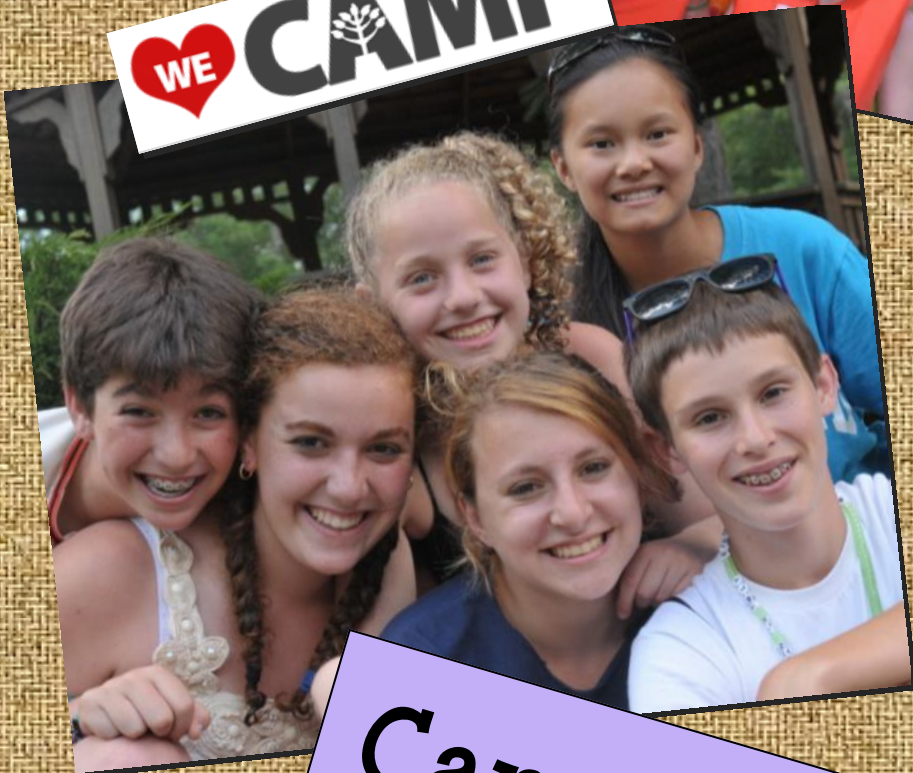




**CAMP**



**Camp JRF**

So many friendships  
made and strengthened . . .



Dear Families,

At Camp JRF, we create an environment where our campers can open up to the possibilities in life – and in Judaism – in order to become their best selves. As with most camps, we have sports, art, drama, singing, dancing, boating, swimming, an amazing challenge course, hiking, and overnight camping experiences. We do each of these activities not only because they are fun but because they have the potential to build character and foster deep connections.



By providing our campers with countless opportunities to try new things, to succeed in ways they never thought possible, to set communal norms, and to explore their understanding of themselves and their relationships with others, we teach our youth that they have the power to determine who it is that they want to be.

By grounding these moments in Jewish text, values, questioning, prayer, and song, we show them that becoming their best selves – their whole selves – can be a process deeply rooted in our tradition.

At Camp JRF, we help campers discover that being Jewish isn't something only done in a classroom and it isn't something only done a few hours a week; rather, being Jewish can be 24 hours-a-day seven days-a-week, and it can be "cool," fun, and exciting. We look forward to welcoming you into the Camp JRF family for a summer filled with such fun, laughter, and truly life-changing moments!

*Rabbi Isaac*

Camp JRF on the Aaron and Marjorie Ziegelman Campus provides innovative, creative, and engaging programs for youth from across North America and the world. As an inclusive community, we welcome children from a wide range of family structures, religious practices, and socio-economic backgrounds. At the center of our Reconstructionist philosophy is a deep commitment to building a community in which all are welcome to grow and thrive.

Coupled with this is a strong emphasis on experiential learning, creative prayer, and meaningful religious experience. Supported by creative staff and faculty, members of the Camp community are given a wide variety of ways in which to grapple with Judaism in ever new, innovative, engaging, and age-appropriate ways.

And it wouldn't be Camp without all the fun of swimming, soccer, boating, tennis, volleyball, hiking, camping, music, drama, a spectacular challenge course, arts, and more.

All of these pieces combine to create a summer like no other, during which close friendships are formed and memories are made that will last a lifetime.



**NITZANIM** is for entering third and fourth graders trying Camp for the first time. It includes all the fun, excitement, games, exploration, and friendships of Camp — just in a shorter time period. Nitzanim campers are fully included in the Camp program and enjoy the community and friendships built at Camp JRF, all in a safe and fun environment that allows them to bloom into full-fledged campers next summer.



Entering fourth, fifth, and sixth graders plant their roots in the Camp community as members of **ILANOT**. Ilanot campers take part in our regular Camp program: swimming, drama, boating, the challenge course, singing, dancing, playing, and more. They explore our Reconstructionist values and discover how they can live as part of a 24/7 Jewish community.



Campers entering seventh and eighth grades are in **NEHALIM**, where they can dive more deeply into discussions, programs, and experiences. Nehalim campers learn what it means to be part of a vibrant and constantly changing Jewish community — while enjoying all the fun of Camp.



In **HARIM**, entering ninth and tenth grade campers have the chance to challenge themselves and others to strive to reach their goals. With the innovative program and incredible activities campers expect from Camp JRF, plus an overnight trip off-Camp, these teens also have opportunities to take their place as leaders in the community.





On the **NO'AR HADASH ISRAEL EXPERIENCE**, entering eleventh graders have the incomparable opportunity to spend nearly four weeks climbing, swimming, singing, hiking, learning, and exploring their way through Israel. Participants experience Shabbat in Jerusalem, see the sunrise over Masada, spend time with their Israeli peers, explore the realities of life in contemporary Israel, and so much more.

**BONIM** is geared towards preparing entering twelfth graders for leadership roles in Camp and beyond. Participants learn what it takes to make Camp run, to work as a counselor, and to facilitate programming across Camp — with the goal of beginning to make the transition from camper to staff member in real and meaningful ways. With a small group of participants and a highly experienced staff, Bonim is a defining experience for all.



**SHEMESH** is a six-day experience for children with diagnoses such as autism, cognitive delays, developmental challenges, moderate speech and/or processing issues, and some forms of physical disabilities. Campers swim, play sports, sing, dance, explore nature, take an off-Camp trip, and are part of the vibrant Jewish experience that is summer at Camp JRF.



Camp isn't only for kids anymore! At **FAMILY CAMP**, parents, children, and other family members can join us for five days of swimming, sports, arts, experiential education, singing, dancing, climbing on the ropes course, celebrating Shabbat like in no other place, and being part of all the best that Camp JRF has to offer.





Our staff are creative, energetic, and excited young adults who show heartfelt care for children and who make the summer come alive. From waking campers up in the morning to telling them a story before bed, from playing Ultimate Frisbee to teaching new songs, our staff members are the best at what they do: making sure our campers have the best summers of their lives.



Camp JRF staff members bring positive, safe, and Jewish experiences to each of our campers. We choose our staff for their maturity, commitment to our values, special skills, and camping and youth experience. Our staff is extensively trained in counseling techniques, child development, and Camp life. The safety and well being of our campers is our foremost concern and each staff member takes this responsibility personally.



## A Typical Day

- 8:00 Aseyfah (Morning Gathering)  
8:30 Arukhat Boker (Breakfast)  
9:15 Nikayon (Cabin Clean Up)  
9:45 Havayah (Experiential Education)  
11:00 Sport (Sports)  
12:15 Arukhat Tzohorayim (Lunch)  
1:15 M'nukhah (Rest Time)  
2:30 Mayim (Aquatics)  
3:45 Hofshi (Free Choice)  
4:45 Breirot (Electives)  
5:45 Miklakhot (Showers)  
6:45 Arukhat Erev (Dinner)  
8:00 P'ulat Erev (Evening Program)  
9:00 Zman Tzrif (Cabin Time)  
9:30 Kibui Orot (Lights Out)



The fun at Camp JRF includes archery, arts and crafts, basketball, birthday celebrations, camping, canoeing, concerts, dance, drama, experiential Judaism, football, Ga-Ga, gardening, high and low ropes courses, hiking, Israeli dancing, knitting, exploring nature, painting, pontoon boat rides, soccer, softball, swimming, talent shows, tennis, tubing, Ultimate Frisbee, volleyball, and so much more!

On 120 acres of beautifully wooded land in the Pocono Mountains of Pennsylvania, Camp JRF has a kosher kitchen, heated six-lane swimming pool, private pond, arts center, indoor / outdoor theater, multiple athletic fields and courts, high and low ropes courses, fully equipped Wellness Center, and streams and hiking trails throughout the property.

